Bluebell Primary School News

ISSUE 14
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We show good manners at all times. We follow instructions. We are kind and caring to everyone and everything.

Dear Parents

Kingswood Residential Trip
There is a meeting tonight, at 3.15pm, for all Year 5 parents to find out information regarding this trip that will take place in October.

After School Clubs
Running club has had to be cancelled for this half term, but Mr Rea will be running some lunch time running sessions instead.
Scooter club is oversubscribed, so will run again after half term. Don't forget to bring your own scooter and safety gear each Thursday, if you did manage to get a place.

Y5 & Y6 Football League
Wednesday 10th January – if your child has been involved in this league, please don't forget to collect them from UEA at 5pm or Bluebell at 5.20pm.

Y3 & Y4 Football League
Wednesday 17th January – if your child has been involved in this league, please don't forget to collect them from UEA at 5pm or Bluebell at 5.20pm.

KS2 Cross Country League
Thursday 18th January 1.15 – 3pm. Selected children will bring home a letter tomorrow.

Year 1 Multi Skills Festival
Letters will be coming home today. Please return the reply slip asap.

Year 2 Dance show
Wednesday 24th January – please return your permission form, if you haven't yet.

Immunisation Catch – Up
Wednesday 17th January. If your child missed the initial Flu vaccine in December, the nurses will return to catch up with those who have been given parental permission.

Parent Contact Details
If you have changed your phone number or email address, please let the Office know asap.

Christmas Jumper Day –
We raised £134 in December for this charity, so thank you all very much.

Parents Maths Session
This will be held at school on Thursday 18th January from 2pm – 3pm. The session (lead by Mr Dooley) will focus on how we teach addition and subtraction. All parents welcome. Refreshments will be served.

Home Start Norfolk
A new volunteer preparation course will run 9.30am – 2.30pm on18th January. If you think you could help new parents, please check out Home Starts website. St Elizabeths Church, Cadge Road NR5 8DG.

Sleep east
They are holding a session at North Walsham Infant school on Thursday 1st February 10am – 12.30pm for parents/carers of children with sleep deprivation. Check out www.sleepeast.com for more information.

E-Safety Part 5

Too much time on social media

Talk together so they understand your concerns. Agree house rules on when and how long they can go online and which sites they should visit.

- It's a good idea to give their eyes half an hour's rest from the screen before bed.

.If it helps, tell your child that you're putting your mobile or tablet away too - younger children are more likely to mirror your actions.

- Try using Forest – an app that gives your kids a great incentive to stay away from their screen. It lets them grow a forest full of trees and the longer they leave their phone untouched, the bigger the forest grows.

For more info, see: www.internetmatters.org

Trudi Shand

Thank you for finding the time to read this newsletter