



Pupils will learn

- All about themselves
- Their Family
- Their Friends
- As well as their feelings.

Overview

Week 1: All about me
We will talk about our bodies and how we have changed since we were babies.

Week 2: What I like
We will learn about how we are all special and discuss our favourite things (e.g. our favourite animal, colour, food).

Week 3: My Family
We will learn that all families are different and we shall talk about who belongs in our own families.

Week 4: Friends
We will learn about how to be a good friend and what makes a good friend.

Week 5: Feelings
We will learn about the different feelings we have and why.

Home Learning Ideas

- Name body parts
- Learn nursery rhymes
- Sharing stories
- Playing games together

Other ideas

- Visit local parks
- Share books in the library
- Visit family members
- Family trips out.

Books to share at home

- Traditional Fairy Tales
- Rhyming stories
- Going on a bear hunt by Michael Rosen
- Goldilocks
- Gingerbread Man
- Three little pigs.

Inquiry Questions

- Who is in your family?
- Can you name parts of the body?
- Can you talk about things you like as well as don't like?
- Talk about how you have changed since you were a baby.

Further Information

- Please make sure your child has a water bottle in school every day.
- Children also need PE kits in school.
- Can you make sure your child arrives on time as it is unsettling if they are late.
- Finally, could you please send your child in with their book bag everyday.

Key Vocabulary

Family	A group of people who are related to each other and care and love one another.	Face	The front part of a person's head from the forehead to the chin.
Mum	A mother	Elbows	The joint between the forearm and upper arm.
Dad	A father	Hips	The hip is the area of your body at the top and side of your thigh
Brother	A boy who is born with the same parents.	Ankles	The joint connecting the foot with the leg.
Sister	A girl who is born with the same parents.	Forehead	The part of the face above the eyebrows.
Friend	A person who you know well and who you like a lot, but who is usually not a member of your family	Cheeks	Either side of the face below the eye.
Special	Something or someone that is better, greater, or otherwise different from what is usual.	Chin	The protruding part of the face below the mouth.
Home	A place where someone lives.	Shoulders	We have one at each side of the neck that join the arms to the rest of the body
Plan	A plan is typically any diagram or list of steps with details of timing and resources, used to achieve something.	Task	A job or piece of work to be done.

* Words in grey are Tier 2 (non-topic specific) vocabulary